

## START WITH a SHORT TRAINING

The DREAMM partners will provide a short training course for those who are interested in becoming DREAMM Lead-Mentors and DREAMM Mentors. The overall goal of this training is two-fold: i.e., enhance the quality of mentoring for professionals in the Migration and Integration sectors and increase the efficacy of lead mentors' assistance to TCNs.

The training assists mentors develop unique communication skills and effective mentoring practices, thereby increasing awareness of what mentoring entails.

**All the participants will receive Training Certification.**

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## Want to make a difference?

# BECOME A MENTOR!



## with the DREAMM PROJECT

Sign up for our workshop



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## Develop and Realise Empowering Actions for Mentoring Migrants

### What is Mentoring?

"Mentoring involves primarily listening with empathy, sharing experience, professional friendship, developing insight through reflection, being a sounding board, encouraging".

David Clutterbuck (2000)

### **MENTORING in the DREAMM PROJECT** Develop and Realise Empowering Actions for Mentoring Migrants

DREAMM aims to develop a mentoring methodology to implement a two-way integration model for newly arrived Third Country Nationals (TCNs) and local communities taking the intercultural dimension into account.

Peer-to-peer learning events and jointly agreed social activities are implemented to:

- reach a better mutual understanding of the other's values and behaviours
- foster a sense of belonging to a community
- mitigate stereotypes, discrimination, xenophobia, and racism
- improve TCNs' understanding of local services.

**HOW YOU CAN HELP**  
Become a Mentor!  
Apply to our Training Programme for  
DREAMM Lead-Mentors and  
DREAMM Mentors  
Volunteer just a few hours per week

Besides orientation and dedicated services for newly arrived TCNs, one powerful tool for local development and social change has proven to be volunteering. However, to become an effective and structured practice, volunteering needs management and professional skills that are still unclear, informal, and poorly used in the migration field.

### **Who are volunteer DREAMM Lead-Mentors and Mentors?**

DREAMM Mentors and Lead-Mentors are respectively volunteers and migration professionals who wish to make a difference in the lives of newly arrived Third Country Nationals.

Any individual who wants to help in the integration process of newly arrived migrants can apply to our programme:

- take part in the project
- develop your communication and coaching skills
- gain intercultural experience
- learn from the experiences of others
- benefit from the exposure to fresh perspectives, ideas, and approaches.